

North Carolina Department of Health and Human Services
Division of Mental Health, Developmental Disabilities and Substance Abuse Services

NC-TOPPS

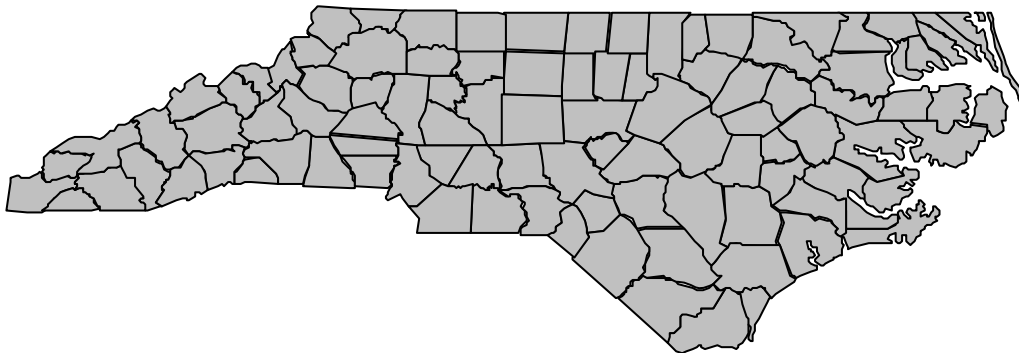
North Carolina Treatment Outcomes and Program Performance System

**Adult Mental Health Consumers:
Cumberland LME**

Initial Interviews

July 1, 2007 through June 30, 2008

This report includes consumers receiving only mental health services, and those receiving both mental health and substance abuse services.



Data Collected By:

Center for Urban Affairs and Community Services (CUACS)
NC State University

Report Produced By:

Institute for Community-Based Research
National Development & Research Institutes, Inc. (NDRI)

Prepared For:

Quality Management Team
Community Policy Management Section
DMH/DD/SAS
NC DHHS

July 2008



Introduction

This type of report is available to Local Management Entities, providers and the NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services on data gathered for mental health consumers through the North Carolina Treatment Outcomes and Program Performance System (NC-TOPPS). It provides information gathered through the online NC-TOPPS Initial Interview and includes six pages of charts, tables and text information on mental health consumers' demographic characteristics, symptoms, behaviors and activities, service needs, supports and barriers, family and housing issues and outcome measures collected through an interview with the consumer at the beginning of their treatment. It should be noted that not every data element or response category on the NC-TOPPS Initial Interview is displayed in this report.

Please note that the charts and tables may not always match online queries that you may conduct. The data used in these reports will not necessarily reflect the same points in time. In addition, NDRI who produces these reports cleans the data and removes apparent duplicates prior to preparing the tables and charts.

Additional information about NC-TOPPS and printable version of the interviews are available at <http://www.ncdhhs.gov/mhddsas/nc-topp>

General Information on Interpreting Tables

Types of Statistics	<ul style="list-style-type: none">▶ A <u>count</u> shows the actual number (often designated by the letter “n”) of clients.▶ A <u>percentage</u> is the number of clients with a characteristic or behavior divided by all the clients in the group of interest multiplied by 100. Percentages will be designated with a % sign next to the number.▶ An <u>average</u> is the sum of a set of numbers divided by the number of numbers in the set. When a number in a cell is an average, the word average will appear in the row descriptor.▶ A <u>median</u> is the middle number in a set of numbers, arranged from lowest to highest. For example, the median for the following numbers: 9, 12, 12, 15, 17, 20, 22, 23, 25, 28, 31, 35, 62 is the bolded number, 22. Medians are important measures of central tendency, especially when a mean may be skewed by a very high or very low value. When a number in a cell is a median, the word median will appear in the row descriptor.
Missing Data	For many of the NC-TOPPS forms received, a particular item or question may have been left blank. In calculating the means, medians, and percentages in cells of questionnaire items, this missing data is excluded from the calculation. For example, program X may have submitted 50 assessments but in 2 of the assessments, gender was left blank. When the percent of males is calculated, the 25 males are shown as 52% (25/48*100).
Denominator	The denominator for nearly all percentages is the number of cases shown on the bottom left of the page minus item missing data. All exceptions to this general rule are specifically noted with appropriate text in the graphic or table. This text will state which group is included or excluded from the denominator, such as "of those in the labor force" or "of those with children."
Multiple Response	“Multiple response” indicates a “mark all that apply” type question in which more than one response to a question is allowed. The total of responses may add to greater than 100%. Examples are health insurance or target population. This is in contrast to items such as gender where only a single response is allowed.
Definitions of terms	The appendix at the end of the report gives definitions of acronyms, abbreviations, and other terms used in this report.
Special notes:	



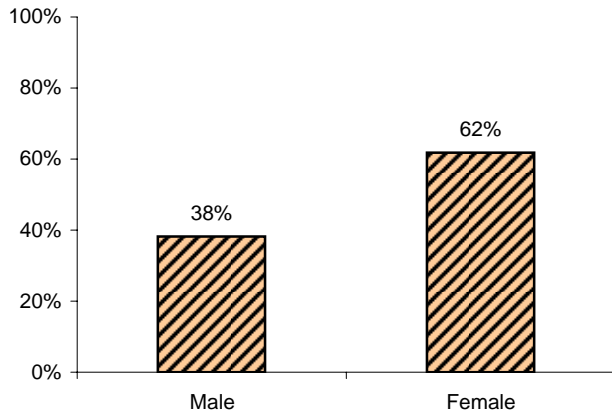
Initial Assessments Received July 1, 2007 through June 30, 2008
Adult Mental Health Consumers
Cumberland

This table shows the number of consumers in this report by provider.

Provider	City	ProviderID	Number
A Positive Life, Inc.	Fayetteville	1745	1
A&F Care Facility, Inc.	Godwin	2256	6
ACTS, Inc.	Fayetteville	1571	223
ACTS, Inc.	Fayetteville	2354	23
ACTS, Inc.	Fayetteville	2687	4
Better Home Healthcare	Fayetteville	2515	23
Brown Therapeutic Home, Inc	Fayetteville	2614	8
Cardinal Clinic	Fayetteville	1158	5
Caring Family Network	Fayetteville	953	18
Carolina Choice, LLC	Fayetteville	1298	1
Community Based Developmental Services, Inc.	Fayetteville	1724	6
Concordia Support Services	Fayetteville	1382	28
Cumberland County Mental Health	Fayetteville	219	418
Cumberland County Mental Health	Fayetteville	644	2
Envisions of Life, LLC	Fayetteville	1413	24
Evergreen Behavioral Management	Fayetteville	1409	13
Excel Personal Development	Fayetteville	1263	13
Family Alternatives, Inc.	Fayetteville	969	49
Footprints Carolina, Inc.	Fayetteville	1324	9
Golden Opportunity Homes, Inc.	Fayetteville	2070	12
Great Expectations Res. Svc., Inc.	Fayetteville	1517	8
HUGGS/Peterkin and Associates	Fayetteville	1165	7
HUGGS/Peterkin and Associates	Fayetteville	1861	42
Healthcare Connections of the Carolinas	Fayetteville	1366	11
Healthcare Connections of the Carolinas	Raeford	2009	1
Heart 2 Heart	Fayetteville	1742	9
Hope Catchers Mental Wellness	Fayetteville	1205	12
Innovative Programming Associates, Inc.	Fayetteville	2580	20
Janice Mae Hawkins Foundations (DBA) S&S Spoonridge	Fayetteville	2210	15
KV Consultants & Associates	Fayetteville	2223	1
Katam and Associate, Inc.	Fayetteville	2419	5
Lighthouse Counseling Center	Fayetteville	2045	28
Magby Associates, Inc.	Fayetteville	1497	2
Mental Health Association in NC	Fayetteville	1467	11
Mid-State Health Systems	Hope Mills	1481	72

Murray Fork Home Care	Fayetteville	1749	1
New Beginningz, Inc.	Fayetteville	1780	1
Pearl's Angel Care, Inc.	Fayetteville	2176	4
Pine Village Treatment Services	Fayetteville	1342	5
Preferred Alternatives, Inc.	Fayetteville	2603	9
Professional Family Care Services	Fayetteville	1331	76
St. Mary's Home Care Agency	Fayetteville	1777	74
Sunlight Behavior Center, Inc.	Fayetteville	1421	15
Triangle Medical Services	Raeford	2406	5
Unique Expressions	Raeford	2894	1
Unity Home Care	Cumberland	2219	3
Visions of Care	Fayetteville	2433	3
Woodbridge Alternative, Inc.	Fayetteville	1286	1
Total			1328

1-1: Gender



1-2: Hispanic Origin

Of the Cumberland consumers, 7% indicate that they are of Hispanic, Latino, or Spanish origin.

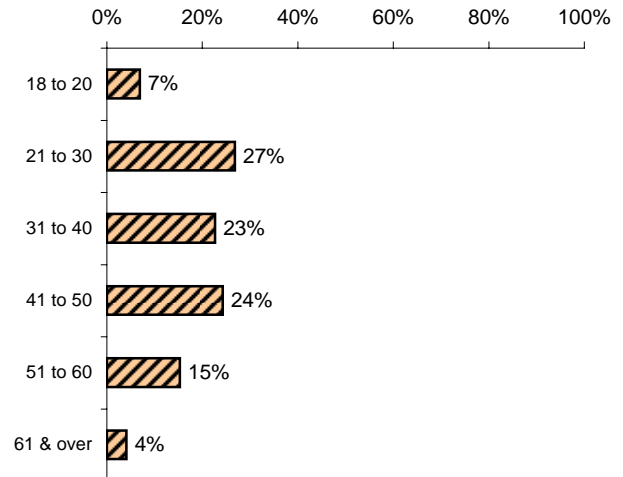
1-3: Race/Ethnicity



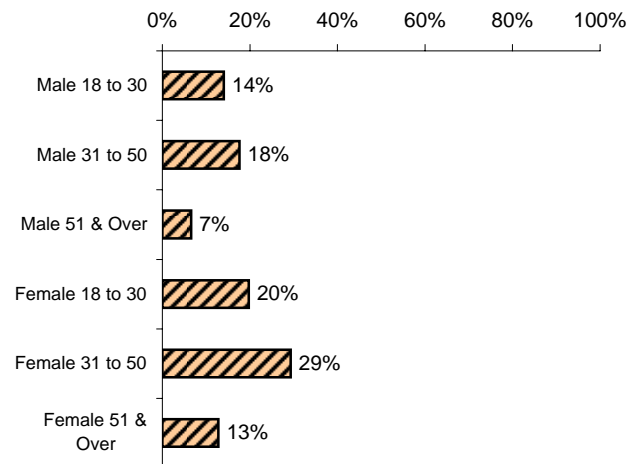
1-4: Legal Guardian and Designated Payee

Has designated payee	12%
Has legal guardian	7%

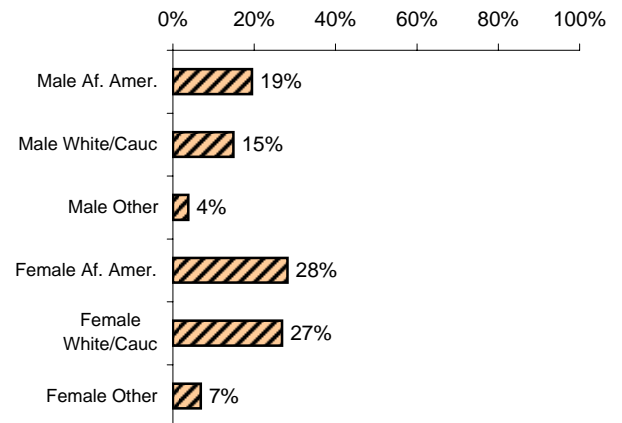
1-5: Age Group



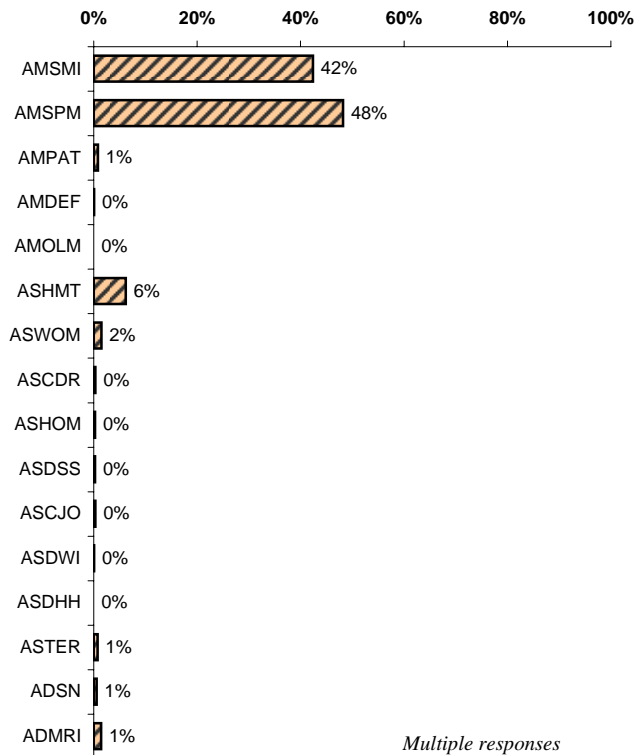
1-6: Gender and Age



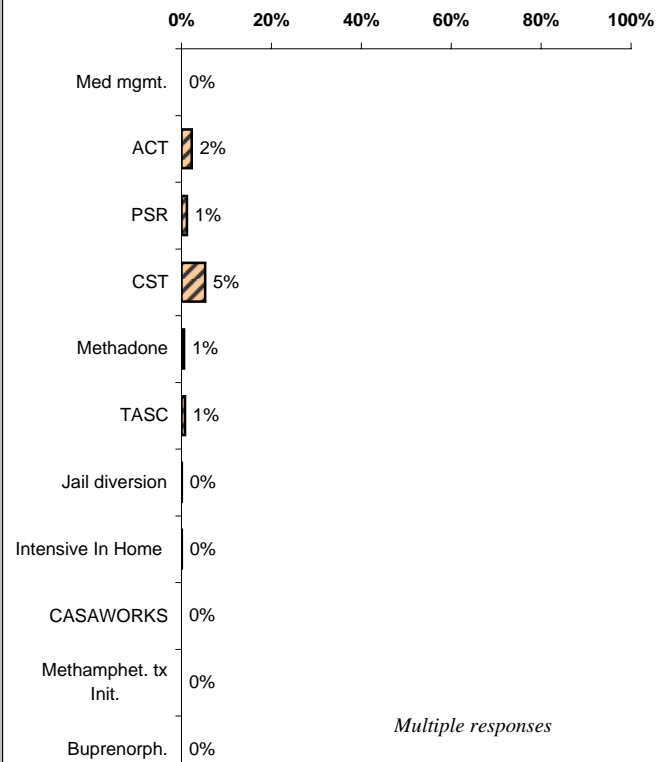
1-7: Gender and Race/Ethnicity



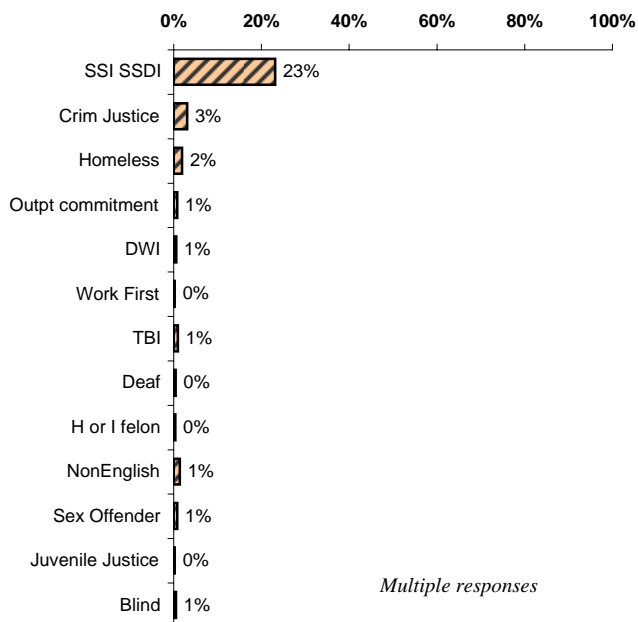
2-1: IPRS Target Populations



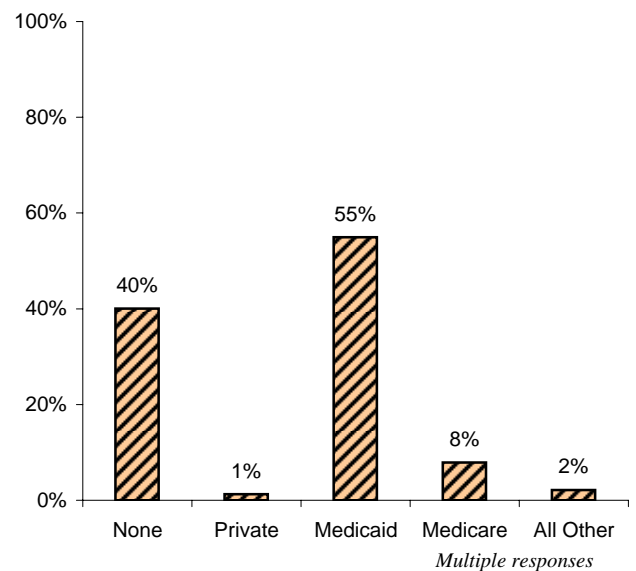
2-3: Special Programs



2-2: Special Populations



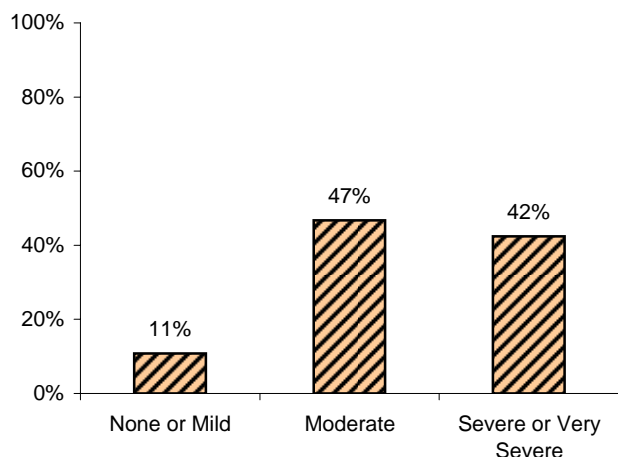
2-4: Health Insurance



Note : Refer to appendix for acronym definitions for all charts on this page.

Number of Initial Interviews: Cumberland = 1,328

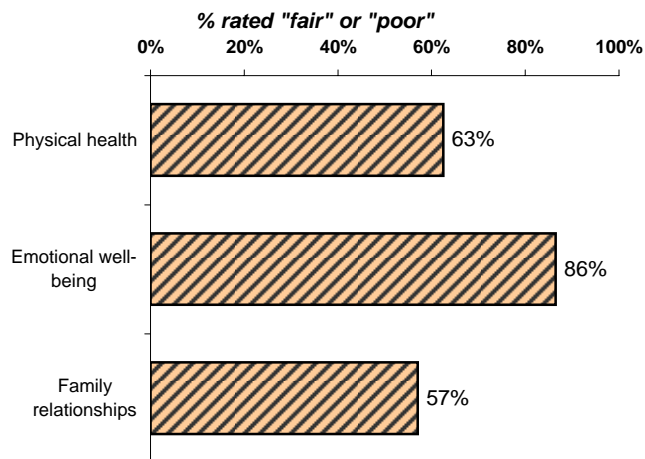
3-1: Severity of Mental Health Symptoms, Past Month



3-2: General Assessment of Functioning (GAF)

Among Cumberland consumers, the average GAF score was 49.8 and the median score was 50.

3-3: Consumer Ratings on Quality of Life



3-4: Experienced Violence

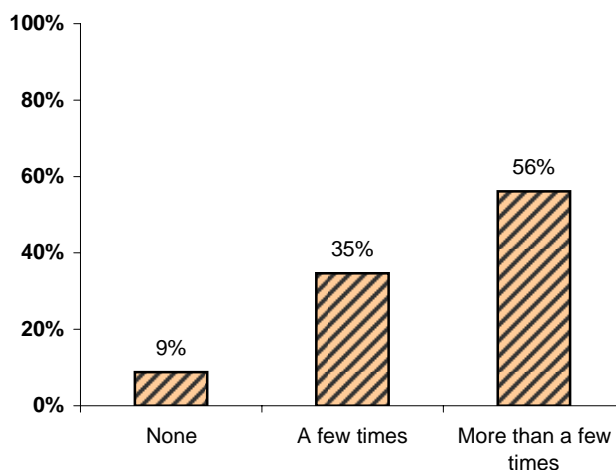
	%
Physical violence, past 3 months	7%
Sexual violence, ever	19%
Sexual violence, past 3 months	0%

3-5: DSM-IV Diagnoses

Diagnostic Category	%
Major Depression	44%
Schizophrenia	24%
Bipolar disorder	24%
Anxiety disorder	12%
PTSD	7%
Personality disorder	13%
Alcohol Abuse	4%
Alcohol Dependence	6%
Drug Abuse	7%
Drug Dependence	9%

* Only most commonly diagnosed conditions shown.

3-6: How Often Problems Interfere with Work, School, or Other Daily Activities, Past 3 Months



3-7: Lifetime Suicide Attempts

29% of Cumberland consumers have attempted suicide at least once during their lifetime.

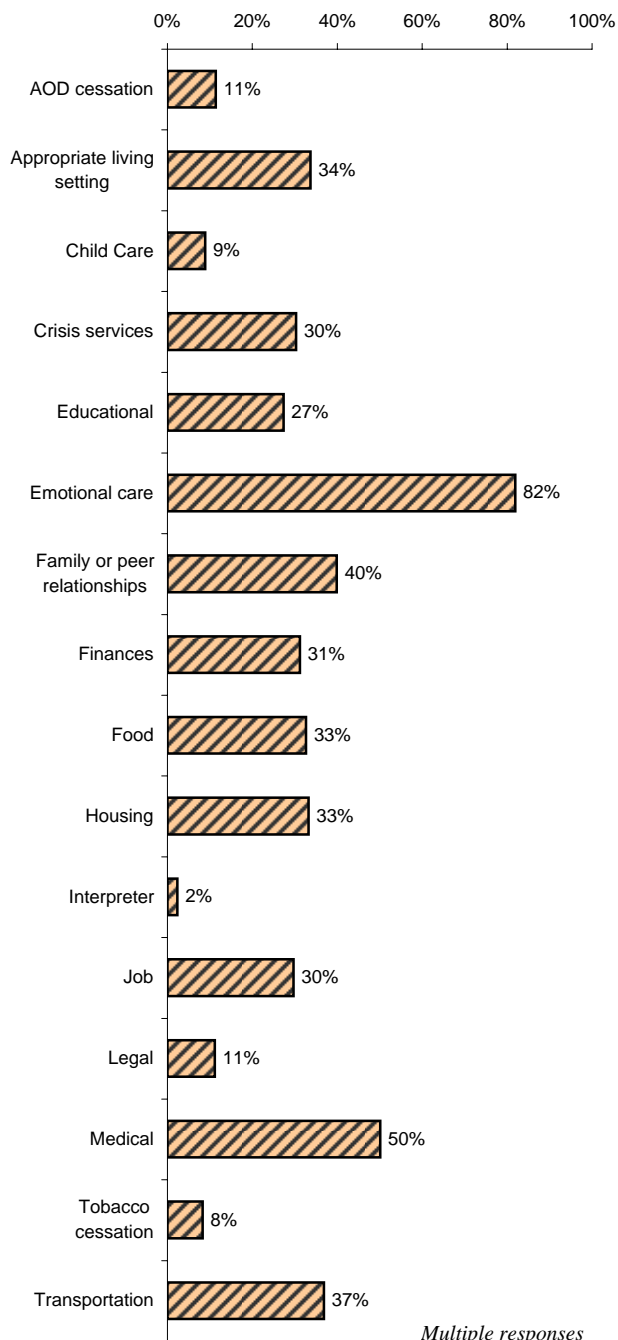
3-8: Behavior Problems and Symptoms Expressed, Past 3 Months

	%
Suicidal thoughts	30%
Tried to hurt or cause self pain	9%
Risky sexual activity	3%
Hit/physically hurt another person	9%

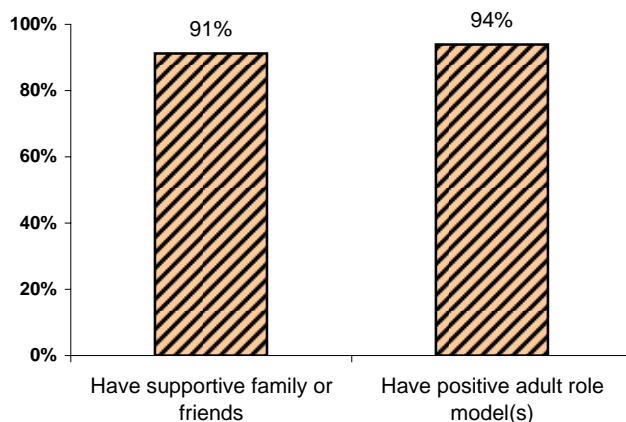
4-1: Public or Private Health Care Provider

Among Cumberland consumers, 62% report that they have a health care provider and 59% have seen their provider within the past year.

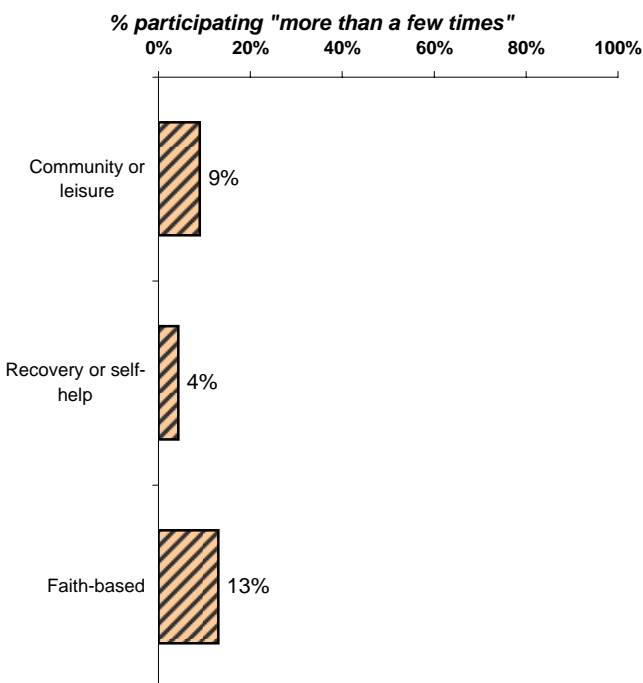
4-2: Service Needs Rated "Very Important"



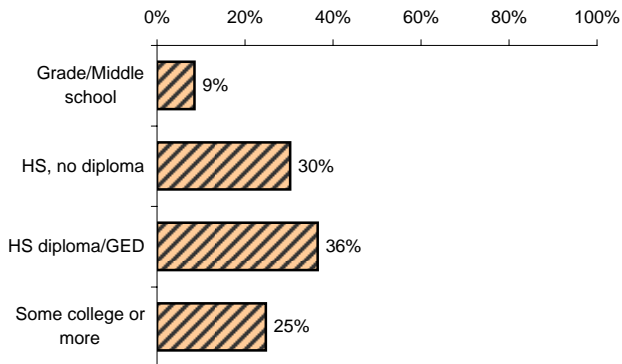
4-3: Support for Recovery



4-4: Consumer Participation in Positive Activities, Past 3 Months



5-1: Highest Educational Achievement



5-2: Marital Status

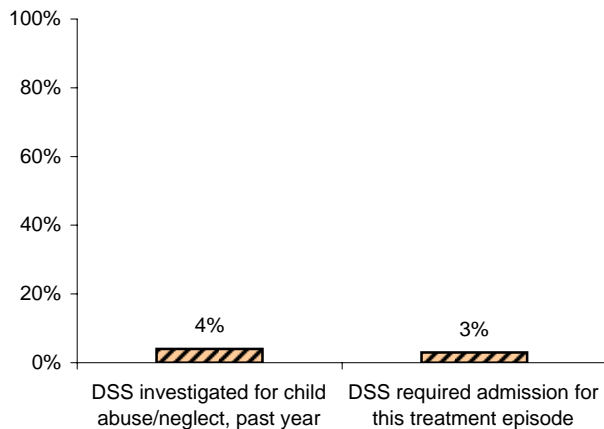
Never married	47%
Married or living as	17%
Divorced/Widowed/Separated	35%

5-3: Children Under 18

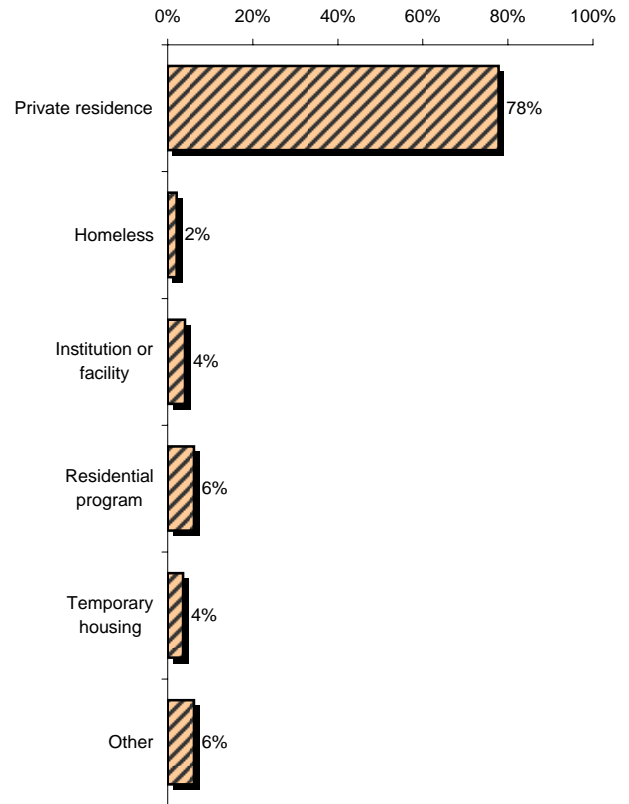
33% of Cumberland consumers have children under age 18.

Of those with children...	
Have custody of all children	63%
Have custody of some children	7%
Have custody of none of children	30%

5-4: DSS Involvement



5-5: Where Lived



Note: Of Cumberland homeless consumers, 13 were in shelters and 15 were not in shelters.

5-6: Times Moved Residences in the Past Year

No moves	54%
Moved once	30%
Moved two or more times	16%

5-7: Pregnancy Status

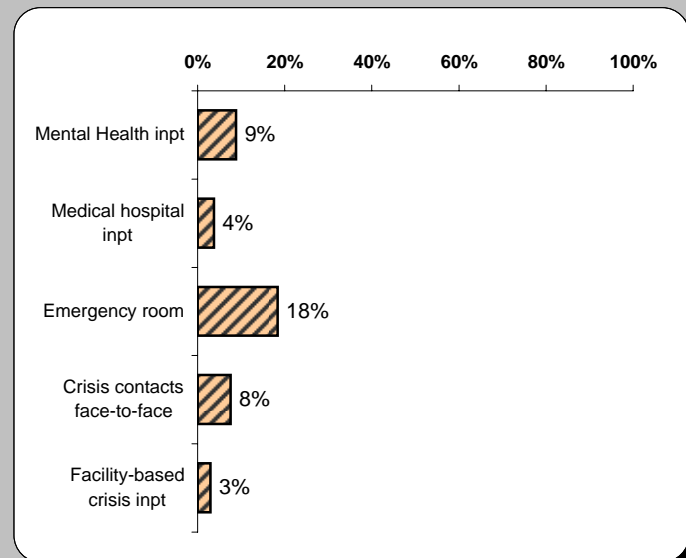
Number currently pregnant	15
Number uncertain about pregnancy status	5
Number in first trimester	2
Number in second trimester	6
Number in third trimester	7

Note: Numbers may not add, due to missing data.

6-1: Lifetime Admission for Inpatient Mental Health

35% of Cumberland consumers have had inpatient mental health admissions.

6-2: Health Care: Types of Services Received in the Past 3 Months



6-3: Employment, Past 3 Months

50% of Cumberland consumers are in the labor force meaning that they are working, or unemployed and looking for work.

Of those in the labor force...	
Employed full-time	16%
Employed part-time	17%
Unemployed (seeking work)	67%
Of those working...	
Supported employment	8%
Transitional employment	5%

6-4: Arrests Past Month

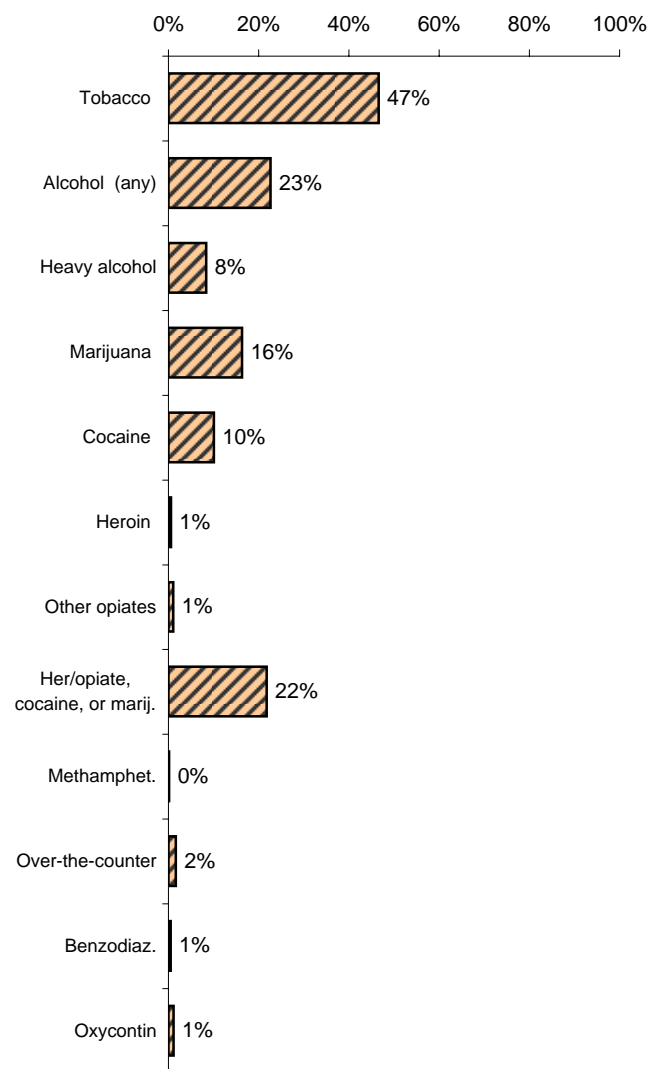
Any Arrest	3%
Misdemeanor Arrest	2%
Felony arrest	1%

6-5: Justice System Involvement

7% of Cumberland consumers were under correctional supervision at admission. The court or criminal justice system required treatment for 2%.

6-6: Self-Report Substance Use, Past 12 Months

Bars show % with any use



6-7: Cigarette Smoking

Overall, 46% of Cumberland consumers report that they smoked cigarettes in the past month and 19% smoked a pack a day or more.

Appendix

Adult Mental Health

Acronyms and Abbreviations

Acronym or Term	Definition
ACT	Assertive Community Treatment
ADMRI	Target population: Adult with both mental retardation and mental illness
ADSN	Target population: Adult with Developmental Disability
Af American	African American
AMDEF	Target population: Adult MH consumer who is deaf or hard of hearing
AMOLM	Target population: Adult MH consumer receiving Olmstead services
AMPAT	Target population: Adult MH consumer who is homeless (PATH program)
AMSMI	Target population: Adult with serious mental illness
AMSPM	Target population: Adult with serious and persistent mental illness
AOD	Alcohol or other drugs
ASCDR	Target population: Adult injection drug user at risk for communicable disease
ASCJO	Target population: Adult SA consumer who is a criminal justice offender
ASDHH	Target population: Adult SA consumer who is deaf or hard of hearing
ASDSS	Target population: Adult SA consumer who is involved with DSS
ASDWI	Target population: Adult SA consumer who is receiving DWI offender treatment
ASHMT	Target population: Adult with a chronic substance abuse disorder
ASHOM	Target population: Adult SA consumer who is homeless
ASWOM	Target population: Adult SA consumer who is pregnant or has dependent children
Benzodiaz.	Benzodiazepine(s)
Buprenorph.	Buprenorphine
CASAWORKS	Residential program initiative designed to help substance-abusing women
Cauc.	Caucasian
Crim. Justice or CJ	Criminal Justice
CST	Community support team
Detox	Detoxification
DSM	Diagnostic and Statistical Manual (Edition IV)
DSS	Division of Social Services
DWI	Driving while Impaired
GED	General Education Diploma (High School Equivalency)
H or I felon	Class H or I felon (controlled substance) who applied for food stamps
Her	Heroin
HS	High School
IDU	Injection drug use(r)
Marij.	Marijuana
Med. Mgmt.	Psychiatric medication management services
Methamphet.	Methamphetamine(s)
Methamphet. Tx. Initiat.	Methamphetamine Treatment Initiative program
MH	Mental Health
Outpt. Commitment	Outpatient Commitment
PSR	Psychosocial rehabilitation
PTSD	Post-traumatic Stress disorder
SA	Substance Abuse
SSI/SSDI	Supplemental Security Income or Social Security Disability Insurance
TASC	Treatment Accountability for Safer Communities
TBI	Traumatic brain injury
Work First	DSS program for temporary assistance to needy families